# HPARK® FCENTER





#### **HOLIDAY HOURS**

Dec. 24 5am-3pm
Dec. 25 Closed
Dec. 31 5am-3pm
Jan. 1 8am-4pm

#### **FACILITY HOURS**

Mon-Fri 5am - 10pm Saturday 7am - 7pm Sunday 9am - 2pm

#### **Open Pickleball**

Day: Tues. & Thurs. Starts: September 8 Time: 8am - 12pm Court: South Only

#### **Open Pickleball**

Day: Fridays
Starts: Nov 13-Dec 18
Time: 4pm - 8pm
Court: South Only

#### Open Volleyball

Day: Saturdays
Starts: 11/7-12/26
Time: 3pm-7pm
Court: South Only
No open on Dec. 19

#### **Open Volleyball**

Day: Sundays
Starts: November 8
Time: 9:00am-12pm
Court: South Only

\*Schedules are subject to change

# **FITNESS**

FREE

Introduction to Spinning 5:30pm Wednesdays

NEW! Cardio Brick Class 5:45am Fridays

#### SUNDAY FITNESS CLASSES

**December 6th** 

9:15am Spin 10:30am Yoga

#### **December 13th**

9:15am Spin 10:30am 20/20/20

#### **December 20th**

9:15am Spin 10:30am TRX

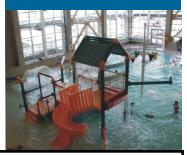
#### December 27th

9:15am Spin 10:30am AIS The Park Center 202 E. Murray Park Ave www.murray.utah.gov 801.284.4200

### **Members**

Open Programs are FREE with a active Park Center Membership.

Open Pickleball, Water Polo and Volleyball



# Matt Harpring's Skills & Drills Holiday Camp

Date: Dec. 28 & 29

Time: 12/28 (1pm-4pm) 12/29 (9am-12pm)

Cost: \$45 per day

Lost: \$45 per day \$80 both days

Register online mcreg.com



### **UPCOMING PROGRAMS & EVENTS**

MAU

Ages: 5 - 18 years
Practice Times:

Gold:

M-F 4:30-6:00PM Sat 7-9AM

Silver:

M-F 4:30- 6:00PM

Bronze:

M-F 4:30-5:30PM

Cost: Resident/Non Res. Monthly (Dec, Jan, Feb)

> Gold \$45/\$50 Silver \$40/\$45 Bronze \$35/\$40 Seasonal (Dec-Feb) Gold \$120/\$135 Silver \$105/\$120 Bronze \$90/\$105

USA Swimming \$77/yr.

# Winter 2015 Volleyball Academy

Dates: Dec. 21 & 22

Cost: \$30

Ages: 7 & Up—Beginner

10 & up—Advanced

Beginner: 9am-10am Advanced: 10am-11:30am (Min. one year club for advanced)

# **Swimming Merit Badge**

Dates: Dec 9 & 16 Time: 7:00pm Resident \$12 Non resident \$15

register: mcreg.com